A decade of Measuring Patient Reported Experience of Care in British Columbia: Lessons Learned

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What have we learned in BC about ...? ... the science of patient centred performance measurement

<u>BC Goal #1:</u> Measurement of the quality of the health care system "through the patient's eyes"

To share the learnings from a decade of patient-centred data collection and reporting in BC about the science of the measurement (and our evolving understanding) of patient satisfaction, patient experience, and patient-centred care;

... best practices for reporting on performance

<u>BC Goal # 2:</u> Translation of patient-centred data into information and information into action to improve patient experiences of care

To share promising practices developed in BC for reporting quantitative and qualitative information about the quality of care and services from the perspective of those who have received care (patients and families).

Coordinated, province-wide surveying in BC. A look back ...

Patient-Centred Health Care in British Columbia

December 12, 2001



The BC government streamlines the province's network chinistry of Health Services al health boards into 6 health authorities

Goal -- to build a Sustainable, Accountable Structure for Delivery of High-Quality Patient Services

<u>June 2002</u>

The "British Columbia Patient Satisfaction Steering Committee" (BC PSSC) was established.

February 2014

 The BC MoH publishes its health system strategy, Setting Priorities for the B.C. Health System
 Three key areas of focus: Patient-Centred Care
 Performance Management
 Cross System Focus Areas

Influences on our thinking about measurement of patient-centred care...



(1) In 2000 and 2001, the Institute of Medicine issued two reports, To Err is Human and Crossing the Quality Chasm, documenting a glaring divergence between the rush of progress in medical science and the deterioration of health care delivery.

Through the Patients Eyes (Picker Institute, 1986) (8 dimensions)	Model for Patient & Family Centred Care (IPFCC, 1992) (4 core concepts)	Achieving an Excep- tional Care Experience (IHI, 2012) (5 primary drivers)
Respect for patient values & preferences	Respect and Dignity	Respectful Partnerships
Information, Communication & Education	Information Sharing	Evidence Based Care
Coordination of Care	Collaboration	Leadership
Involvement of Family	Participation	
Emotional Support		Hearts & Minds
Physical Comfort		
Preparation for Discharge /Continuity & Transitions in Care		Reliable Care
Access		

Mandate of BC PREMS

(BC Patient Reported Experience Measures Steering Committee)

To develop a coordinated, cost-efficient, and scientifically rigourous provincial approach to the measurement of patient experience in order to:

enhance **1**. **public accountability**

2. support quality improvement

BC PREMS Guiding Principles:

- ✓ Promote a <u>common</u>, <u>scientifically rigorous</u>, <u>province-wide</u> approach to measurement of patient <u>satisfaction and</u> <u>experience</u>;
- ✓ Work towards <u>evidence-based benchmarks</u> that will enable objective comparisons and trending over time;
- Compliment existing national and/or provincial measurement strategies;
- ✓ Minimize data collection burden for Health Authorities;
- \checkmark Provide data that **<u>simultaneously</u>** supports and promotes:
 - ✓ <u>quality improvements efforts at the point of service</u>; and
 - ✓ accountability of the health care system;
- ✓ Recognize that the strategy and process for a complex undertaking such as this will evolve over time

The Role of BC PREMS

BC PREMS' mandate Action Data Sharing Survey Data Reporting Design Collection **Processing** Results Planning Selection of Distributing Processing Production of Dissemination of Knowledge results to all survey tools with surveys surveys reports sharing stakeholders strong Collecting Collating results Quantitative and • Promoting "mini psychometrics Public Reporting completed qualitative surveys or point Case mix • Development of of service QI responses/ adjustment; Graphic and tools or custom initiatives surveys weighting for narrative questions disproportional Secondary Defining sampling, if analysis and methodology necessary promoting x-HA (survey design collaboration Analyzing data and sampling Recommending plan) targets for accountability & system level improvement 2003 -2010 -2010 present

From data collection... To dissemination of results... To acting on results... REPEAT!



"Only when data has been analyzed, interpreted and presented in a manner that makes it understandable and useful to others does it become information"

Michael Murray, PhD

Accomplishments of BC PREMS

2003 to 2014



- Coordination of province-wide surveys in BC for 11 years
- Feedback from more than 1million users of health care services across 13 sectors/subsectors and all age groups
- Quantitative AND qualitative reporting and analysis
- Practical support to make effective use of data for QI and for accountability
- Public reporting of results
- Developed a "modular" approach (core tools for sector; modules for subsectors)



BC PREMS Sectors Surveys 2003 - 2014

Year	Sector	Methodology	Timeframe
2003		Mail; Random sample 103 facilities	Point in time 3 months July 1 st to September 30 th , 2003
2007	Emergency	As above 111 facilities	Point in time – 3 months February 1 st – April 30 th , 2007
2007 to 2015		As above 111 facilities	Continuous May 1st, 2007 to March 31, 2015
2004	2004 Long Term Care	RESIDENTS: Interview; Census 102 facilities	Point in time Oct 2003 to March 2004 All residents and their most frequent visitor (who was sometimes a family
2004		FAMILY/FREQUENT VISITOR: Mail; Census 102 facilities	member, but not always) in directly funded and managed facilities
2005 2008 2011/12	Acute Inpts Medical, Surgical, Maternity, Pediatrics Freestanding Rehab	Mail 80 hospitals	Point in time – 3 or 6 months I) June 1 st to Nov 30 th , 2005 II) Oct 1 st to Dec 31 st , 2008 III) Oct 1 st /11 to Mar 31/12
2006 2012/13	Outpatient Cancer Care	Mail 5 regional cancer centres and 45 community cancer hospitals/services	Point in time 6 months I) Nov 15 th , 2005 to May 15 th , 2006 II) June 15 to December 16, 2012
2010	Mental Health	PATIENTS/CLIENTS: Short stay Inpatient care Handout with telephone follow up	Point in time – 6 months Oct 12 th /2010 to April 11 th /2011
2014	& Substance Use	FAMILY/SUPPORTERS Development of Survey Tool	Focus groups, cognitive interviews, pilot testing – in progress

NOTE: 17,933,679 records of eligible patients extracted from BC ADT systems since 2003

Evolution of Sector Surveys in BC 2002 - 14 2002 - 2004 2005 - 2007 2007 - 20132013 & beyond... • Interest in combining • Use of "ready to wear" • BC custom auestions developed Intro of simultaneous and tested to augment "ready to **PREMS & PROMS** tools; participation in continuous surveying in ED and validation of US tools for wear" tools; addressed ethnicity, PIT surveys in other sectors Decision to develop a use in Canada/BC patient safety (harm, hand- Analytical reports commissioned survey instrument to washing, check ID before meds) • Copy cat processes as (CHSPR/UBC, survey research address a gap in the recommended by Alternate languages introduced literature and in experts) "Made in BC" reports introduced vendors and/or other (French, Chinese, Punjabi, practice--a tool for MH/ (storyboards, monthly facility iurisdictions German) Addictions family/ • Developed processes to Added web based response quantitative trending reports of supporters select questions based on meet privacy

- requirements of BC's **OIPC**, including completion of PIA's and exclusion of youth to meet privacy risks/ requirements
- Results reported without weights (actual volumes NOT reflected)
- Use of vendors' standard reporting templates
- All surveys conducted as Point in Time (PIT) studies

- option via unique access codes to all surveys
- Results weighted to reflect actual volumes (from facility level up)
- "Made in BC" peer groups defined and national benchmarks adjusted to ours
- Risk mitigation strategy developed and approved by OIPC to permit inclusion of youth
- Narrative summary reports introduced
- Core tools and modular subsector approach adopted
- Communication Strategy for public release of results developed and approved by PAB

- correlation to overall sat and performance, monthly facility comments reports, aggregated APRs, raw data returned to HA's for further analysis)
- Further customization of survey tools & cognitive testing of new/ changed items
- Increased focus on reducing lagtimes to reporting, analyzing subsector popl'n results and producing special reports, updating peer group alignments, producing special reports for specific audiences, etc.

- Moving from data collection and reporting to focus on use of results to promote OI at the point of service
- Early adopter province in CIHI's CPERS
- Focus on info at transition points/ continuity across transitions in care
- Change from proprietary to non-prop tools
- Change from sector based to continuum based surveying Page 14

BC adopts a Modular Approach to Measuring PX

POPULATION	SURVEY INSTRUMENT	RESPONDENT POPULATION
Acute Inpatients 2005, 2008, 2011/12	 core Picker Acute Inpatient Care tool validated for use in Cdn in 2003 with BC input 	All patients sampled receive the core questions
SUBPOPULATIONS		
Maternity 2005, 2008, 2011/12	 BC module developed in 2005 with input from maternity care providers across all 6 HA's and the MoH Items selected from Picker Cdn Maternity validated survey instrument, representing gaps and "actionable" items 	Patients whose acute inpatient admission was related to a childbirth experience receive the core questions PLUS the Maternity module
Pediatrics 2005, 2008, 2011/12	 BC module developed in 2005 as above with input from pediatric care providers Items selected from Picker Cdn validated pediatric instrument 	Patients under the age of 17 receive the core questions PLUS the Pediatric module Patients between 13 and 18 receive a letter addressed to them; surveys to patients under 13 are sent to the parent or guardian
Surgery 2008, 2011/12	 skip pattern iintroduced in 2008 survey surgical questions selected from a NHS/UK validated tool by the BC SPR-SMC (Surgical Patient Registry Strategic Management Committee) 	Patients who self report having had a surgical procedure or operation answer the questions specific to a surgical experience during the acute inpatient stay; all other patients follow a skip pattern
Rehabilitation 2011/12	 BC module developed in 2011 with input from Rehab care providers and leaders Items selected from the Client Perspectives of Rehab Services, a Cdn validated, survey instrument 	Patients who were discharged from a freestanding Rehab facility or a designated Rehab bed/unit in an acute care hospital receive the core questions PLUS the Rehab module

Made-in-BC Subsector Modules

Step 1:

Review of published lit on tools to confirm psychometric properties and testing to confirm "importance" of items to patients

Crosswalk of core tool to existing validated tools for each subsector

Step 2:

Clinicians across all health authorities in each subsector rank order the questions they deem to be "most actionable"; each HA submits "Top 10" list

Step 3:

Weighting of ranked items to create master "Top 10" (or other number TBD) of questions for subsector module

Step 4:

Post-fielding questions are psychometrically analyzed to confirm performance of items and importance

What have we learned?

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The results from our provincially coordinated, standardized surveys are VALUED...

"What a better way to stimulate quality improvement than hearing it from patients. Patient satisfaction impacts everything we do."

- Vancouver Coastal Health Authority ED Manager

"If we didn't have this data, the patient experience may not have been hardwired into the Health Authority's strategic plan." - Northern Health Authority

ED Manager

BUT our stakeholders asked for: **FASTER, BETTER and EASIER to read reports!**



response

Our

Timeliness: Infrequency of reports meant data geared to system level improvement only

Criticisms

Burden of Data: frontline staff and leaders were overwhelmed by the amount of information

Accountability: frontline staff and leaders were overwhelmed by the amount of information

FASTER! Introduce more frequent reports that would allow quicker access to the results

BETTER! Introduce reports that are more succinct and focused

EASIER (to read)! Create reports that represent a quick snapshot of patients' experiences and relevant at the facility level

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The solution! REAL examples, from REAL people, for REAL stories...

INTEGRATED *qualitative, quantitative, and annotated* reports now provide timely monthly information to <u>support</u> the people who are directly involved in care <u>to better understand the perceptions</u> of <u>THEIR patients</u> about <u>THEIR patients' care experiences</u>.

Components of Monthly Reports:

<u>Principle:</u> Frontline leaders and clinical teams should monitor quality of care from the patient's perspective as often as they monitor budgets, labour distribution, overtime, etc.

Quantitative Results

Scientifically robust results displayed in run charts with confidence intervals

2. Qualitative Results Patient comments to 'give life' to the numerical data

3 Annotations Used to explain trends. Add flags in the data and ask prompting questions for those at the point-of-care (front line leaders and clinicians) to consider/answer

Stage 1: Qualitative & Quantitative Reports

Patient Comments Report: Chilliwack General Hospital

Emergency Department Patient Experience of Care Survey

May and June 2014



Produced on behalf of the <u>BC PREMS</u> (Patient Reported Experience Measures Steering Committee)

Background

This document collates patient comments from BC's Emergency Department Patient Experience of Care Survey. These comments were derived from responses to the following open-ended question:

Is there anything else you would like to tell us about your Emergency Department visit?

Though responses are drawn from a random sample of patients, these comments are not necessarily representative since all patients surveyed do not provide comments.

Comments are transcribed verbatim, with minimal editing (e.g. spelling is corrected though grammar is not). During the transcription process, comments are also categorized as: *positive, negative, both,* or *neutral.* Every attempt is made to ensure that any information that has the potential to compromise anonymity is severed from the comment.

It would be appropriate for Health Authorities and/or facilities to use patient comments as qualitative evidence to support the quantitative results of patient experience of care surveys. Such comments could be used in annual reports, news releases etc. in a privacy-sensitive manner. Anyone deciding to use comments should screen them to ensure that residual disclosure is not possible, especially within the geographic domain of a particular health authority or facility.

Patient Comments

Below are the comments from Chilliwack General Hospital's patients that visited the Emergency Department in May and June 2014.

Patient Comments Reports

Developed from open-text responses to, "Is there anything else you would like to tell us about your Emergency Department visit?"

Monthly ED Run Charts A graphical representation of <u>9 indicator Qs</u> to illustrate trends by detecting variation

and 'flags'



Stage 2: Linking Qualitative & Quantitative Feedback

Sample of an **ANNOTATED MONTHLY EMERGENCY DEPARTMENT REPORT** that shows results from 9 questions (of the total of 69 on the ED survey).

The nine items were selected based on provincial results (low performance and high correlation to overall quality). Note: The "courtesy" question was added due to results of separate analysis (see slide 33).



Let's take a closer look at the annotations ...

(Observations, Prompting Questions, Suggested Actions, and Qualitative "stories")

"Overall, how would you rate the quality of care you received in the Emergency Department?"



"How would you rate the amount of time you spent in the Emergency Department?"



"Did you have to wait too long to see a doctor?"



"Did you have enough to say about your care?"



"Did you feel you had enough privacy during your Emergency Department visit?"



"Were possible causes of your problem explained in a way that you could understand?"



"Were you told what danger signals about your illness or injury to watch out for when you got home?"



"While you were in the Emergency Department, were you able to get all the services you needed?"



"How would you rate the courtesy of the Emergency Department staff?"



See: <u>http://www.chspr.ubc.ca/pubs/report/pursuit-quality-opportunities-improve-patient-experiences-british-columbia</u> The study looked at factors that drive patient ratings of quality...Factors such as staff courtesy, team work, comprehensive care and availability of nurses, appeared to be more important than wait times in influencing patient ratings.

BC Decongestion Hospitals' Emergency Departments Overall Quality Rating (% positive) by Year



NRC Picker Symposium, September 2012

Lions Gate Hospital Emergency Department Overall Quality Rating (% positive) 2007 to fiscal 2011/12



NRC Picker Symposium, September 2012

Surrey Memorial Hospital Emergency Department Overall Quality Rating (% positive) 2007 to fiscal 2011/12



NRC Picker Symposium, September 2012
Victoria General Hospital Emergency Department Overall Quality Rating (% positive) 2007 to fiscal 2011/12



Cowichan Hospital Emergency Department Overall Quality Rating (% positive) 2007 to fiscal 2011/12



NRC Picker Symposium, September 2012

Storyboard Template - produced units, programs, facilities, HAs, and BC

Ministry of Health Logo OR Health Authority Logo

Survey Question

radiation

chemo

DRAFT Sample Provincial Report

Experience of Outpatient Cancer Care Survey 2012 (June 15th, 2012 to December 15th, 2012)

Number of Respondents: 6,785 || Response Rate: 40.1%

PATIENT-CENTRED D	IMENSIONS (2)
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Physical Comfort	77.2%
Coordination and Continuity of Care	64.5%
Information, Communication and Education	61.4%
Respect for Patient Preferences	74.1%
Emotional Support	53.1%
Access to Care	75.8%

97.0%

BC Overall Quality of Care (1) (Good + Verv Good + Excellent)

Survey Question % Positive Put in touch w/ provider to help with anxieties and 24.2% fears Enough info re: possible relationship changes 27.6% Enough info re: possible emotional changes 33.9% Put in touch w/ provider to help with anxiety/fears at 35.0% diagnosis Enough info re: possible changes in sexual activity 39.8% Enough info re: possible changes in work/activities 44.2% Providers aware of medical history 47.6% Explained wait for first treatment appt 51.2% 51.9% Enough info re: possible energy level changes 52.7% Knew next step in care

AREAS FOR IMPROVEMENT

(bottom 10 performing survey questions)

For more information on the survey or for more detailed results, please

contact THIS PERSON at THIS EMAIL AND PHONE NUMBER.

"Overall, how would you rate the quality of care at Alpha Hospital in the past 6 months?" Results by Response Option



"I have seen 5 oncologists in the past 6 mos. One hardly spoke + the last 2 had no idea of my medical history - could not answer any of my questions. If you do not manage your own care - you will become a statistic. The cancer unit nurses are well informed about medications but offer no emotional support. Who does??"

"The entire staff of the Cancer Clinic at Alpha Hospital are outstanding. The people who give the radiation treatments are dedicated and professional, with outstanding people skills which they apply in a friendly, thoughtful way. Patients were shown respect + understanding with a feeling of quiet optimism."

STRENTHS

(top 10 performing survey questions)

Waited less than 30 mins from scheduled appt to

Waited less than 60 mins from scheduled appt to

Staff did everything to help w/ chemo side effects

Staff did everything to make chemo wait comfortable

Staff did everything to help w/ radiation side effects

Treated w/ dignity and respect by providers

Family/friends involved in care and treatment

Could trust providers w/ confidential info

Knew who was in charge for each therapy

Got services need in past 6 months

(1) Percent (%) Positive scores are calculated by summing responses to survey questions that are considered positive.

96

Positive

95.3%

92.3%

92.1%

90.0%

87.8%

83.1%

81.2%

80.7%

80.5%

80.0%

(2) Dimension scores are calculated by summing positive responses for each Q within the dimension then dividing the total number of responses to all Qs in that dimension.

(3) Patient-centred and their corresponding scores highlighted in blue represent survey questions with a high correlation to the Overall Quality of Care score

Now, a look forwarda(nother) change in direction

Definition of Patient experience ... ⁶⁶ The sum of all interactions, shaped by an organization's culture, that influence patient perceptions across the continuum of care."

The Beryl Institute

The Rationale for our focus on Continuity across Transitions in Care:

The short story: Continuity and transition scores are flat!!





ED explained danger signals

Were you told what danger signals about your illness or injury to watch out for when you got home?



Provincial - Overall Report: ED explained danger signals to watch for (Q14919)

Provincial - Decongestion Facilities: ED explained danger signals to watch for (Q14919)



Sub-Sector	2005	2008	2011/12
All Sectors Combined	47.5%	45.8%	44.5%
Pediatrics	54.5%	55.8%	60.0%
Maternity	43.4%	44.7%	48.0%
Rehab	N/A	N/A	32.7%
Inpatients	47.9%	45.7%	43.6%

- This question is in the CONTINUITY & TRANSITION Dimension
- Lowest performing item in BC ...
- 4 of 5 items in this Dimension show a decline for Med/Surg Inpatients and Rehab is lowest of all subsectors

BC's Vision for 2014 (and beyond!)

Availability of information from the perspective of patients about the quality of their care that follows their journey across the care continuum.

This includes:

- Ambulance Care/Transfer Services \rightarrow ED
- Emergency Department Care \rightarrow Acute IP
- Emergency Dept Care \rightarrow Home/Home Care
- Acute Inpatient Care \rightarrow Home/Home Care

Findings from the Literature (Dec 2013)*

- Continuity of care is an active area of interest
- Since 2011: Move from setting / condition specific to multidimensional tools (i.e., tools covering multiple transitions and types of patients)
 - Multidimensional usually means primary and outpatient physician specialist care with limited inclusion of hospital care (generally with no differentiation between ED and AC)
 - Absolutely no mention of ambulance / transfer service
- Conclusion, this field is young
 - Several tools are still undergoing development
 - Most have limited use / testing
- Language is an issue: Not all tools have been tested in English
- Promising questions, but no "ready to wear" tools
- Most of the domains that have been found fit into the three types of continuity: relational, informational, and manageria

* A Review of the Literature: Measuring the Patient Experience Across a Continuum of Care Transitions By: Faye Schmidt, Ph.D. For: BC PREMS and the BC Continuum of Care Surveying Consultation Group December 12th, 2013

Coming

Soon

CONTINUITY ACROSS TRANSITIONS OF CARE is the experience of consistent, connected, coordinated care that...

Relational Continuity (BC PREMS, 2014)

Includes meaningful relationships:

Builds confidence and trust between the patient and his/her key support person(s) and care provider(s) Informational Continuity (BC PREMS, 2014) Is supportive of

information sharing:

Ensures the information needs of the patient and, where appropriate his/her family/ supporter(s) are met. Ensures timely and accurate flow of relevant information to the patients' key care

Managerial Continuity (BC PREMS, 2014)

Is managed over time, place and providers:

Ensures the experience of the patient is seamless across: changing care needs, care providers, time, and settings.

Conceptual Map of Items assigned to type of continuity

	Relational Continuity	Informational Continuity	Managerial Continuity	Other
Items in the core US HCAHPS Tool:		Items: 19, 20		Items: 18, 23 (Info on transition type)
Items of Cdn content added to US HCAHPS Tool:	Items: 35, 36	Items: 24, 27, <mark>30,</mark> 37, 38, 39	Items: 25, 28, 29, 30, 31, 32	
New BC items to be added to the US/Cdn HCAHPS Tool:	Items: 45, 47	Items: 42, 43, 44, 46, 48, 49, 50, 52, 53		

BC PREMS' Workplan 2014/15

Decision # 1

BC to be one of 5 Early Adopter provinces funding CIHI's CPERS (Cdn Patient Experiences Reporting System) that will begin accepting data in April 2015.

Decision # 2

BC will transition from:

NRC+Picker Acute Inpatient and ED PREMS surveys (proprietary)

to

CPES-IC and ED CAHPS surveys (public domain) (to be fielded with VR-12 PROMS)

BC PREMS' Workplan 2014/15

Decision # 3

BC to develop a "continuity across transitions in care" module and field it with VR-12 PROMS.

Cognitively test and pilot test tools with BC Continuity module and VR-12 PROMS before fielding *(Underway)* Evaluate at each phase before making go/no decision about

proceeding to next

- Field 1st : Acute IP (CPES-IC)
- Field 2nd: Emergency (ED CAHPS/PES)
- Field 3rd: Blended

BC PREMS' Workplan 2014



BC PREMS' Workplan 2015



More Learnings from BC!

Urban myth #1

Longer surveys = Lower response rates

Urban myth #2:

Real time data = More action on results

Urban myth #3: The voice of the patient = Qualitative, not quantitative data

What are we most proud of?

- Engagement of patients and professionals in expert Consultation Groups to plan every aspect of every survey in BC
- Development of questions, modules, and survey instruments that focus on:
 - The patient perspective on patient safety (HH, Meds/MedRec, Harm)
 - Self-reported ethnicity, including work with NH on Aboriginal q's and reports
 - Development of Made in BC modules and surveys, e.g. the patient perspective on how well we address Emotional Distress and Support for Outpatient Cancer Care; Family/Supporter experience while a loved one is receiving short stay Mental Health & Substance Use Care; the patient perspective on stigma
 - The patient and provider perspective on Surgery, Maternity, Pediatrics, Rehab
- Development of indicators that are added to Health Authority Balanced Scorecards, including Mission indicators for faithbased facilities
- Development of processes to permit return of raw data WITH identifiers for all surveys (June 2011); by March 2015 all PREMS data will be centrally hosted (BC MoH HealthIdeas platform)
- Building of capacity to use baseline data to develop real time patient and family feedback for QI that ... translating data into information, and information into action
- Engagement of non-clinicians to extract patient records...biweekly (>17M records since 2003)

Using the Patient's Experience to Transform Healthcare.



- 1. Measuring patient experience is NOT an amateur sport.
- 2. Measuring patient experience is a science...and an art.
- 3. Patients are integral in survey design, defining what is important <u>and</u> ensuring that questions measure what we intend them to measure.
- 4. Patient experience reports should be available as readily and frequently as other management reports.
- 5. Like accountability for patient safety, accountability for positive patient experience should rest with everyone.
- 6. Without accountability frameworks, action on results takes a back seat to other issues.
- 7. Improving the performance of one location will not improve the system as a whole.

Questions, discussion...

For more information....

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Link to BC PREMS survey results:

http://www.health.gov.bc.ca/socsec/surveys.html