



Outcomes Report of Activities Supported by Campus Alberta HOPH Meeting Grant

Please provide responses to the six questions below, expanding as necessary to a maximum of two, single-spaced pages.

| | |
|-------------------------|---|
| Date of Report | April 20, 2017 |
| Date of Meeting | March 14, 30, and 31, 2017 |
| Title of Meeting | Knowledge Harmonization and Integration of Cancer and Chronic Disease Prevention and Screening for Patients and Cancer Survivors in Alberta, Ontario, and Newfoundland & Labrador |
| Team Lead(s) | Dr. Donna Manca |
| Amount of Award | \$2,500 |

1. Please append the program/agenda for your HOPH-sponsored meeting - Please see Appendix A.
2. Meeting attendance (total number of attendees, affiliations represented, etc):

BETTER WISE Project Clinical Working Group (CWG) – General Health (GH) meeting Mar 14, 2017:

Eleven members of the CWG – GH Attended the meeting (virtually or in-person). The following organizations were represented: **AB** – University of Alberta, Alberta Health Services, and the University of Calgary; **ON** – University of Toronto; **NL** – Memorial University of Newfoundland.

Prior to the meeting all members of the CWG – GH worked together (Dec. 2016 – Mar. 2017) to review the clinical evidence and identify appropriate definitions, measures and outcomes for the project, specifically related to screening and primary prevention of for patients 40-65 years of age. Members split up into thirteen teams covering topics for primary prevention and screening of cancer and chronic disease – alcohol, depression/anxiety, diabetes, lifestyle, obesity, tobacco, cardiovascular disease, colorectal, cervical, breast, prostate, lung, and skin cancer. All members were associated with the following organizations: **AB** – University of Alberta, Alberta Health Services, Canadian Obesity Network, Grey Nuns Family Medicine Centre, Northeast Community Health Centre, Royal Alexandra Family Medicine Clinic, University of Calgary; **ON** – University of Toronto, Granovsky Gluskin Family Medicine Centre, St. Michael's Hospital; **NL** – Memorial University of Newfoundland, Labrador Health Centre.

BETTER WISE Project CWG – Cancer meeting on Mar 30, 2017:

Ten members of the CWG – Cancer were able to attend the meeting either virtually or in-person. The following organizations were represented; **AB** – University of Alberta, Alberta Health Services, The Associate Clinic, and the University of Calgary; **ON** – Ontario Institute for Cancer Research and Cancer Care Ontario; **NL** – Memorial University of Newfoundland.

Members of the CWG – Cancer also worked offline (Dec. 2016 – Mar. 2017) to review the available clinical evidence and identify appropriate definitions, measures and clinical outcomes for the project, specifically related to cancer surveillance (prostate, breast, and colorectal cancer). All of the members were associated with the following organizations: **AB** – University of Alberta, Grey Nuns Family Medicine Centre, Solo clinical practice, Alberta Health Services, Cancer Control Alberta, Alberta Cancer Prevention Legacy Fund, The Associate Clinic, University of Calgary; **ON** – University of Toronto, Granovsky Gluskin Family Medicine Centre, Ontario Institute for Cancer Research, Cancer Care Ontario, Princess Margaret Cancer Centre, St. Michael's Hospital; **NL** – Memorial University of Newfoundland, Labrador Health Centre.

BETTER WISE Project Stakeholder meeting on March 31, 2017:

Thirty-four stakeholders engaged in the project were able to attend the meeting either virtually or in-person. The following organizations were represented: **AB** – University of Alberta, Wood Buffalo Primary Care Network (PCN), Camrose PCN, Edmonton Southside PCN, Alberta Medical Association, Alberta Health Services, Cancer Control Alberta, Diabetes, Obesity & Nutrition Strategic Clinical



Faculty of Health Sciences



Network, Alberta College of Family Physicians, Alberta Cancer Prevention Legacy Fund, The Associate Clinic, University of Calgary, Alberta Innovates, and Breast Cancer Supportive Care; **ON** – Marathon Family Health Team, University of Toronto, Ontario Institute for Cancer Research, Cancer Care Ontario, and St. Michael’s Hospital; **NL** – Eastern Health and Memorial University of Newfoundland; **BC** – Centre for Collaboration, Motivation & Innovation.

3. Outline the meeting expenses covered by the awarded funding:

| BUDGET ITEM | COST |
|--|-----------------|
| CATERING FOR MARCH 14, 30, AND 31, 2017 MEETINGS | \$363.64 |
| TRAVEL FOR MEETING ATTENDEES | \$258.04 |
| MEETING MATERIALS AND SUPPLIES | \$264.07 |
| TOTAL | \$885.75 |

4. List, provide, or explain outcomes from the meeting (reports, publications, etc):

The March 14 and 30, 2017 meetings provided an opportunity for the CWGs to present their final recommendations, which were based on work completed to date: 1) review of international high-level clinical guidelines identified; 2) review of provincial recommendations for the topics within scope for BETTER WISE to determine practice patterns in participating jurisdictions; and 3) identification of national, provincial, and regional tools that could be used by participating practices to aid in the implementation of the project. A summary of the recommendations from both of these groups was presented to project stakeholders for discussion and input at the meeting on March 31, 2017.

Key outcome: A blended care path is being developed for cancer surveillance of breast, colorectal and prostate cancer survivors, and chronic disease prevention and screening for all patients aged 40 – 65 years. The care path is informed by final recommendations made and shared with stakeholders including, but not limited to: 1) appropriate prevention and screening actions for primary prevention; 2) assessment tools to determine individual patients’ risk for cancer and chronic disease based on personal and family history, and their appropriate screening intervals; 3) definitions of follow-up/care plans for prostate, breast, and colorectal cancer survivors; 4) lifestyle recommendations for physical activity, diet/nutrition, alcohol consumption, and smoking; 5) evidence-based screening tools for mental health concerns – anxiety, depression, and distress; and 6) decision-making aids for clinicians and patients.

5. List (with projected timelines and names of participants) what activities or next steps are ensuing from the meeting (follow-up meetings, etc):

The recommendations from the CWGs have begun to be incorporated into the BETTER WISE toolkit (expected completion date: May 2017). The following team members are tasked with its development:

- Members previously mentioned in this report: **AB** – Ms. Carolina Aguilar, Dr. Denise Campbell-Scherer, Ms. Isabella Carneiro, Dr. Donna Manca, Ms. Melissa Shea-Budgell, Dr. Nicolette Sopcak, Dr. Tracy Wong; **ON** – Dr. Eva Grunfeld, Dr. Aisha Lofters, Ms. Kawsika Savayoganathan; **NL** – Dr. Kris Aubrey-Bassler, Ms. Rhonda Hiscock, Ms. Sara O’Reilly.
- Members not yet mentioned in this report: **AB** – University of Calgary: Dr. Kerry Mc Brien; **ON** – University of Toronto: Dr. Paul Krueger, Mr. Christopher Meaney, Dr. Rahim Moineddin, Dr. Frank Sullivan, Patient representative: Mr. Jeff MacWhirter; **NL** – Eastern Health: Dr. Farah McCrate.

6. Please provide any additional commentary on the benefits or unexpected consequences arising from the meeting:

None to report.

Additional future plans

The BETTER WISE toolkit includes: 1) a patient health survey that will include validated screening tools to capture a detailed prevention and screening history and for cancer survivors, a detailed cancer surveillance history; 2) blended guidelines and evidence-based care maps for use within and outside of the project to inform patient care for cancer and chronic disease prevention and screening as well as cancer surveillance; 3) visually intuitive representations of the care maps created for clinicians, which can be used with patients as a teaching tool; and 4) prevention prescription templates that summarize the patient's prevention and screening status and cancer survivors' surveillance status.

Several planned activities will also be based on the recommendations made:

- 1) Creation of a project database using REDCap software to facilitate data collection and analysis – expected completion date: July 2017. Responsible members: **AB** – Ms. Carolina Aguilar, Dr. Denise Campbell-Scherer, Dr. Donna Manca, Ms. Melissa Shea-Budgell, Dr. Nicolette Sopcak; **ON** – Dr. Eva Grunfeld, Dr. Aisha Lofters, Mr. Christopher Meaney, Dr. Rahim Moineddin, Ms. Kawsika Savayoganathan; **NL** – Dr. Kris Aubrey-Bassler, Ms. Sara O'Reilly.
- 2) Development of a training curriculum for clinicians responsible for conducting the project intervention – expected completion date: July 2017. Responsible members: **AB** – Ms. Carolina Aguilar, Dr. Denise Campbell-Scherer, Dr. Donna Manca, Dr. Nicolette Sopcak.
- 3) Development of the primary outcome for the project, a composite index, based on the guidelines and clinical evidence identified – expected completion date: August 2017. Responsible members: **AB** – Ms. Carolina Aguilar, Dr. Denise Campbell-Scherer, Dr. Kerry McBrien, Dr. Donna Manca, Ms. Melissa Shea-Budgell, Dr. Nicolette Sopcak; **ON** – Dr. Eva Grunfeld, Dr. Paul Krueger, Dr. Aisha Lofters, Mr. Christopher Meaney, Dr. Rahim Moineddin, Ms. Kawsika Savayoganathan, Dr. Frank Sullivan; **NL** – Dr. Kris Aubrey-Bassler, Dr. Farah McCrate, Ms. Sara O'Reilly.
- 4) Two manuscripts describing the process used to identify, review, and finalize the recommendations used for the project – expected completion date: December 2017. Responsible members: **AB** – Ms. Carolina Aguilar, Dr. Denise Campbell-Scherer, Ms. Isabella Carneiro, Dr. Donna Manca, Ms. Melissa Shea-Budgell; **ON** – Dr. Eva Grunfeld, Dr. Aisha Lofters; **NL** – Dr. Kris Aubrey-Bassler.

The work accomplished at the meetings will also inform ongoing activities of working groups for the remainder of the project (end date is March 31, 2021): 1) The BETTER WISE Executive Committee – responsible for direct oversight of all key strategic activities, 2) Methodology Working Group – responsible for establishing the quantitative methodology and statistical analysis plan, and 3) Advisory Group – responsible for providing advice and support related to the dissemination, knowledge exchange, uptake, and sustainability of the BETTER WISE approach and related tools.

Appendix A

Campus Alberta HOPH Sponsored Meeting Agendas



Building on Existing Tools to Improve
Cancer and Chronic Disease Prevention
and Screening in Primary Care for
Wellness of Cancer Survivors and Patients

**CLINICAL WORKING GROUP (CWG) – GENERAL HEALTH
MEETING #4 – AGENDA
Tuesday, March 14th at 12:30 pm MT/2:30 pm ET/4 pm NT**

GoToMeeting link: <https://global.gotomeeting.com/join/499200557>

Meeting ID: 499-200-557

Audio: You can use your computer speakers or dial in using your phone:

Dial-in number: 1-647-497-9373; *Access Code:* 499-200-557

In-person meeting location (Edmonton): Suite 6-10 (6th Floor), University Terrace building
(8303 112 Street), Edmonton, Alberta

1. Review of Task #3 (Denise Campbell-Scherer)

2. Summary from Topic Review Teams (Topic Leads)

- Diabetes, Lifestyle, Obesity – Denise Campbell-Scherer
 - Cardiovascular, Colorectal cancer – Kris Aubrey-Bassler
 - Breast cancer, Cervical cancer, Tobacco/Lung cancer – Aisha Lofters
 - Alcohol, Depression, Prostate Cancer – Donna Manca
- a. Summary of recommendations
 - b. Outstanding items requiring CWG discussion
 - c. Tool review and recommendations

3. Summary and next steps (Denise Campbell-Scherer)



Building on Existing Tools to Improve
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and Screening in Primary Care for
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**CLINICAL WORKING GROUP (CWG) – CANCER
MEETING #4 – AGENDA**
Thursday, March 30th at 10 am MT/12 pm ET/1:30 pm NT

GoToMeeting link: <https://global.gotomeeting.com/join/275328957>

Meeting ID: 275-328-957

Audio: You can use your computer speakers or dial in using your phone:

Dial-in number: 1-647-497-9391; *Access Code:* 275-328-957

In-person meeting location (Edmonton): Suite 6-10 (6th Floor), University Terrace building
(8303 112 Street), Edmonton, Alberta

- 1. Review of Task #3 (Denise Campbell-Scherer)**
- 2. Review of Consent Agenda**
 - Recommendations previously agreed to or being recommended based on similar decisions made for: all groups, prostate cancer, colorectal cancer, and breast cancer survivors.
- 3. Summary from Topic Review Teams (Melissa Shea-Budgell)**
 - Breast Cancer Survivorship
 - Colorectal Cancer Survivorship
 - Prostate Cancer Survivorship
 - a. Outstanding items requiring CWG discussion
 - b. Tool review and recommendations
- 4. Overview of recommendations from the Clinical Working Group – General Health (Denise Campbell-Scherer)**
- 5. Summary and next steps (Denise Campbell-Scherer)**



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Cancer and Chronic Disease Prevention
and Screening in Primary Care for
Wellness of Cancer Survivors and Patients

STAKEHOLDER MEETING #2

AGENDA

Friday, March 31, 2017 at 8 am MT/10 am ET/ 11:30 am NT

GoToMeeting link: <https://global.gotomeeting.com/join/899453965>

Meeting ID: 899-453-965

Audio: You can use your computer speakers or dial in using your phone:

Dial-in number: 1-647-497-9373; *Access Code:* 899-453-965

In-person meeting location (Edmonton): Suite 6-10 (6th Floor), University Terrace building (8303 112 Street), Edmonton, Alberta, T6G 2T4 – *see map on page 2*

1. Welcome
2. Review of BETTER WISE Objectives and Timelines
3. Progress on Phase 1 – Knowledge Harmonization and Integration
 - a. Review of the clinical evidence
 - b. Clinical Working Group recommendations
 - i. Draft care paths
 - ii. Tools for toolkit
 - c. Electronic tool development
4. BETTER WISE Working Groups
 - a. Advisory, Methodology, Poverty
5. Next steps



Building on Existing Tools to Improve Cancer and Chronic Disease Prevention and Screening in Primary Care for Wellness of Cancer Survivors and Patients

