



Outcomes Report of Activities Supported by Campus Alberta HOPH Meeting Grant

Please provide responses to the six questions below, expanding as necessary to a maximum of two, single-spaced pages.

Date of Report	April 19, 2017
Date of Meeting	January 16, 2017
Title of Meeting	The Improving Care Experience, Efficiencies, and Quality of Care for Seniors in Alberta Forum
Team Lead(s)	Marjan Abbasi, Sheny Khera
Amount of Award	\$4900

1. Please append the program/agenda for your HOPH-sponsored meeting.

See Appendix A for the agenda of the Forum.

The overarching objectives of the Forum were to:

- 1) Identify and explore opportunities and challenges posed by inter-professional and inter-organizational collaboration, in order to facilitate greater collaboration for the benefit of patients;
- 2) Discuss challenges to implementing an integrated care model for seniors' care within the primary care setting;
- 3) Engage more seniors and caregivers in changing the healthcare system.

2. Meeting attendance (total number of attendees, affiliations represented, etc.):

A wide variety of stakeholders including administrators, frontline staff, patient and caregiver advocates attended the Forum, representing the following groups and organizations: Alberta Health, Alberta Health Services (AHS), Alzheimer Society of Alberta and NWT, Institute for Continuing Care Education and Research, University of Alberta, College and Association of Registered Nurses of Alberta, Pan-Edmonton Groups Addressing Social Isolation Impact Plan Services (PEGASIS), Seniors' Health Strategic Clinical Network, Edmonton Oliver Primary Care Network, Covenant Health and Misericordia Hospital, Toward Optimized Practice (TOP), Network of Excellence in Seniors' Health and Wellness, Adult/Seniors Strategy and Provincial Education Resources, Geriatric Assessment and Rehabilitation, Home Care and Continuing Care. The total number of attendees was 53, including 5 organizers and 4 patient representatives.

3. Outline the meeting expenses covered by the awarded funding:

- Venue and catering (estimated \$2800): total \$2702.41
- Facilitator/Moderator (estimated \$350): total \$324.61 (the facilitator was reimbursed for a one-night stay at the hotel \$159.61; taxi \$10; and mileage from Red Deer to Edmonton and Edmonton to Red Deer \$155)
- Meeting supplies (estimated \$250): total \$518.26 (printing, stationery, Tim Hortons gift cards for 4 patient representatives, \$25 each)
- Report preparation/scribe (estimated \$1500): total \$1340.71 (layout design; editing)
- Remaining amount: total \$14.01

4. List, provide, or explain outcomes from the meeting (reports, publications, etc.):



UNIVERSITY OF CALGARY
O'Brien Institute for Public Health



UNIVERSITY OF ALBERTA
SCHOOL OF PUBLIC HEALTH



Faculty of Health Sciences



UNIVERSITY OF ALBERTA
FACULTY OF MEDICINE & DENTISTRY



**Alberta Health
Services**

1. A detailed report was generated capturing forum panelist commentaries and knowledge café sessions, (see attached in the email; *The Improving Care Experience, Efficiencies, and Quality of Care for Seniors in Alberta Forum, January 2017*).
2. Based on this report, a publication will be submitted to Healthcare Quarterly. The Editorial Director, Dianne Foster Kent, showed interest in publishing a paper that focuses on barriers and, most importantly, proposed solutions and how they may be implemented.
5. **List (with projected timelines and names of participants) what activities or next steps are ensuing from the meeting (follow-up meetings, etc.):**
 1. (Ongoing) Collaboration with **HQCA/TOP teams** on developing a standardized patient care plan template and designing a scale and spread strategy within primary care networks.
 2. (Ongoing) Collaboration with **the Pan-Edmonton Group Addressing Social Isolation (PEGASIS)** to assist in linking the PEGASIS impact plan with primary healthcare teams.
 3. (Ongoing) Collaboration with **Better Choices, Better Health® Chronic Disease Self-management** to create care components for seniors for self management, health promotion and preventative health.
 4. (Ongoing) Collaboration with **the AHS Nutrition Services** to create a standardized way to assess nutrition in seniors living with frailty and address one of the main modifiable contributing factors for frailty.
 5. (January – March 2017) Collaboration with **Dr. Andrew Clegg and Sarah De-Biase (United Kingdom)** regarding implementation of the electronic frailty index (eFI) in Alberta, Canada.
 6. (Fall 2017) **Provincial Conference: Innovative Primary Care Models for Seniors' Health** that will be held on October 10th, 2017 in Red Deer. This conference will build on the work of the Improving Care Experience, Efficiencies and Quality of Care for Seniors in Alberta Forum. The results of the Forum will be used to tailor the agenda of the upcoming event, that is expected to be attended by 150 participants from a variety of organizations. This conference aims to heighten awareness of frailty and its impact on the health care system, showcase work being done by Central Zone and Edmonton Zone PCNs on Seniors' health and wellness, and focus on ways to improve the health status and care experiences of seniors in the community, while ensuring quality service delivery and cost effectiveness.

Received funding:

Alberta Innovates Community Engagement and Conference Grant 2017 was awarded on February 27, 2017. This grant will cover costs of the Provincial Conference: Innovative Primary Care Models for Seniors' Health (see above).

Applications for additional funding:

AGE-WELL Catalyst Grant 2017 (application was submitted on March 8, 2017): Grant application to address the research question: *How can routinely collected patient information in primary care electronic medical records be used to generate a standardized version of the electronic frailty index (eFI) for the Canadian primary care setting?* Joint collaboration between the UK research team who created the eFI (Dr. Clegg and Sarah De-Biase et al), the Department of Family Medicine (University of Alberta), the Primary Health Care Innovation Network (SCN), and Industry partnership with Telus Health.

6. **Please provide any additional commentary on the benefits or unexpected consequences arising from the meeting:**

N/A



UNIVERSITY OF CALGARY
O'Brien Institute for Public Health



UNIVERSITY OF ALBERTA
SCHOOL OF PUBLIC HEALTH



Faculty of Health Sciences



UNIVERSITY OF ALBERTA
FACULTY OF MEDICINE & DENTISTRY



**Alberta Health
Services**

Appendix A: Agenda of the Forum

Improving Care Experience, Efficiencies and Quality of Care for Seniors in Alberta

- 8:00–8:30 **Registration and breakfast**
- 8:45–9:15 **Greetings**
Marjan Abbasi, Sheny Khara, Scott Oddie
Welcoming message and the agenda of the day
- 9:15–10:15 **Presentation**
Marjan Abbasi, Sheny Khara
“Journey towards the integrated model of care for seniors living with frailty”
- 10:15–10:30 **Coffee Break**
- 10:30–11:45 **Panel Group Discussion:**
Carroll Thorowski - Patient Advocate, Patient/Family Advisory Committee for AHS
Jasneet Parmar - Medical Director, Network of Excellence in Seniors’ Health & Wellness, Covenant Health
Carol Anderson - Executive Director, Continuing Care, Alberta Health Services
Janet Schimpf - Senior Operator Officer, Acute Care Services, Misericordia Hospital
Rob Skrypnek - Executive Director, Innovation and Integration, AHS
Lee Green - Chair of Department of Family Medicine, Alberta Innovates Health Solutions Translational Research Chair, University of Alberta
- 11:45–12:15 **Networking lunch**
- 12:15–14:00 **Knowledge Café Session**
- 14:00–14:15 **Coffee break**
- 14:15–15:00 **“What we heard”**
Validating the findings from the Knowledge Café Sessions
- 15:00–15:15 **Closing remarks**
Marjan Abbasi and Sheny Khara

