



Executive Committee: TRAINING Portfolio Report

Co-Leads: Kirsten Fiest & Elizabeth Oddone Paolucci

Reporting Period: July – December 2018

Portfolio Description: The purpose of the TRAINING Portfolio is to bridge trainees in the Community Health Sciences Education Programs (Undergraduate, Graduate, Post-Graduate, Post-Doctoral) to the O'Brien Institute. The types of activities developed or leveraged off of, internal and external to the Cumming School of Medicine, will focus on the promotion of special training and funding opportunities for our trainees.

A) Activities

1. Events/Activities of the TRAINING Portfolio

a. Previous period:

i. Undergraduate Program Training

- Fall term of 2018 marked the launch of the BHSc Engagement Committee (BEC). This group is intended to provide academic support, build community, and encourage fun among trainees.
- On Thursday, September 6, the Bachelor of Health Sciences office held their first Town Hall Meeting to kick-off the 2018-2019 academic year. Over 200 new and returning BHSc students were welcomed by Dr. Kurz. Leigh Hurst, from the Alumni Office at the CSM, briefly spoke about the upcoming alumni career panel events.
- BHSc has a Mentorship Program that facilitates and enables positive mentorship relationships between volunteer UC faculty members and interested BHSc students. Trainees gain insight into their career path of interest and learn things they may not learn during the regular course of their academic career.

ii. Graduate Program Training

- During Block Week, a networking lunch and social was hosted for incoming MDCH students and CHS faculty.
- MDCH trainees and CHS faculty have increased their TGIF attendance, with a renewed focus on strengthening our community affiliations across CSM. On November 2nd, the Community Health Sciences Student Executive (CHSSE), hosted the TGIF with a 'Chip and Dip' competition.
- A pilot of our MDCH Peer Mentorship Program was started this Fall; mentorship groups are comprised of 2 senior MDCH trainees paired up with 4 to 8 first year trainees. Four peer mentorship groups have formed and will run this year. The goal is to gather evidence on what works and what can be improved for following years. This is a trainee-led initiative, with program oversight. The goal of the mentorship groups is to provide academic and psychosocial supports between trainees.
- A *Fireside Chat*, focused on the guaranteed funding policy (to be implemented in September 2019), was held for trainees on October 12th with Drs. Oddone Paolucci and Brenda Hemmelgarn.

- On November 2nd, Dr. Oddone Paolucci and CHSSE jointly hosted a leadership forum, which included all trainees currently serving in leadership positions (e.g., Teaching Assistants, Student Specialization Representatives, Peer Mentors). Drs. Oddone Paolucci and Diane Lorenzetti delivered a presentation on Student *Leadership Roles: Skills Building Orientation*, which focused on what it means to be a leader, levels of listening, and how to ask powerful questions. Trainees constructed behavioural leadership trees and practiced their skills through various role playing scenarios.
- Along with CHSSE, Dr. Oddone Paolucci hosted a Candidacy Workshop on December 7th to present the new candidacy rules and respond to any questions around the new processes approved by the Faculty of Graduate Studies and to be implemented effective Fall 2018.

iii. Post-Doctoral Training

- Two post-doctoral sessions were held in this first reporting period:
 - i. Dr. Fiest hosted a session on the Health System Impact (HSI) Fellowship. Fellowes provided an update and their future plans, as well as Tips and Tricks on success.
 - ii. Dr. Fiest hosted a second session with invited guest speaker Dr. Tom Stelfox, who presented on Knowledge Translation and Implementation Science.
- In addition, Dr. Fiest meets with HSI Fellows regularly to discuss their needs and how they can best be supported through their training program.

b. Planned:

- A *Career Panel* is being planned for April, wherein both graduate and post-doctoral trainees will be invited to participate. Both groups expressed a desire to learn more and explore nonacademic career paths and opportunities.
- For the Graduate Program Trainees:
 - An open forum *Fireside Chat* for MDCH trainees be held at the end of March.
 - A Thesis Defense Examination Workshop for MDCH trainees and supervisors preparing for thesis/dissertation examinations in 2019.
- For the Post-Doctoral Trainees:
 - An information session on HSI where an overview of the program and tips and tricks for success will be shared. Proposed guest speaker will include Dr. Tom Noseworthy.
 - An internal peer review for prospective applicants for the next HSIF cycle utilizing current post-docs and Dr. Fiest.

2. Other?

Nothing Further to Report.

B) Operations

- ### 3. Time spent by portfolio lead(s) in reporting period (Estimate as %, FTE, # hrs/month, etc):
- Approximately 4hours per month; however, it is difficult to disentangle from our other responsibilities.

4. O'Brien human resources and finances requested for future activities and reporting periods:

It would be nice to receive some funds for the Career Panel event to cover catering costs; also would like communications support (in-kind from OIPH), as well as support for advertising and printed materials regarding our programs; honorarium for speakers we bring in. Proposed Estimated Budget of \$5,000 per year.

5. Entities other than O'Brien Institute supporting your portfolio activities, and type of support (eg. financial, HR, etc):

- UME for BSc (undergraduate trainees)
- FGS and GSE for MDCH (graduate trainees)
- CHS for HSIF (post-doctoral trainees)
- PGME for residency programs
- We also have human resources supports such as Mariko Roe (CHS), as well as our own faculty administrative support staff.

6. Other?

None at this time.

C) Communications with Executive Committee

7. Agenda items and timing request for next meeting with O'Brien Directors:

As preparations are being made for the Career Panel event, the co-leads will share and request critical feedback from OIPH Executive members, along with assistance in advertising the event.

8. Agenda items requested for next Executive Committee meeting:

a. Updates/advice/learnings (eg. best practices, what's working well...):

None at this time.

b. Desired advice/guidance/feedback/brainstorming (eg. challenges, need help with x...):

None at this time.

9. Other?

None at this time.

D) Outcomes/Outputs of Portfolio Activities

10. Academic outputs and societal impacts leveraged by portfolio, if any:

- Training of highly qualified personnel for the academy and beyond
- Publications
- Awards and Scholarships
- Conference Presentations
- Knowledge translation to relevant communities

11. Other?

None at this time.

Submit completed template to dayj@ucalgary.ca