

Born and raised in Moh'kins'tsis, Treaty 7 Territory [Calgary, AB] by their Cree father and Métis, Scottish, English, French mother; Alyjah continues to live here as a guest. They are a Band member of Sturgeon Lake First Nation, SK in Treaty 6 Territory.

Due to colonization Alyjah has spent the last several years finding deeper connections with his family members, culture, ceremony, and learning what it means to be a 2Spirit person in his community. Alyjah believes in trauma-informed, collaborative, holistic approaches to wellness that are rooted in spirit, culture, land, and good relations. As someone who has been colonized and disconnected, he realizes the intensity the journey of cultural reconnection can hold.

Through their offering, Pîsimoyâpiy Wellness Services, Alyjah provides group facilitation, professional development, counseling, and consultation services that are grounded in creative approaches and land-based healing. Being a 2-Spirit person influences Alyjah's work deeply. As a 2-Spirit person, they are humbled and honored to be able to work in community in these ways.

Alyjah is currently accepting new collaborations and counseling clients [prioritizing Two-spirit, Indigiqueer, & other Indigenous community members]. They are booking facilitation, teaching, and professional development offerings for 2024. Connect with Alyjah!