



The O'Brien Institute for Public Health &  
the Department of Community Health Sciences present:

## **Does policy matter? Improving food environments in recreation and sport facilities**

**Speaker: Dr. Dana Olstad**

**Friday, May 4, 2018 - 12:00 to 12:50 p.m.**

**G500 - Health Sciences Centre, 3330 Hospital Dr NW**

Concern over unhealthy food environments in recreation and sport facilities has prompted provincial governments to introduce voluntary nutrition guidelines for the recreation sector. However, implementation of these guidelines is low. This presentation will describe the role of provincial nutrition guidelines in supporting healthier food environments in recreation and sport facilities.

Dr. Dana Olstad is an Assistant Professor in the Department of Community Health Sciences at the University of Calgary and a Registered Dietitian. Her research focusses on the impact of policy on socioeconomic inequities in dietary behaviours and health.

### **Objectives:**

1. The current state of food environments in recreation and sport facilities in Canada
2. Which provinces have nutrition guidelines for the recreation sector, and what those guidelines entail
3. The role of provincial nutrition guidelines in enhancing facility capacity to promote and support healthier food environments in recreation and sport facilities

**This event is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada. This seminar is also available via an online AdobeConnect session:** To attend the seminar from another location via your computer, click on this link:

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