

The O'Brien Institute for Public Health & the Department of Community Health Sciences present:

Peter Coyle Place: A case study of an innovative approach to housing older adults with high and complex health and social needs

Speaker: Dr. Lara Nixon

Friday, September 21, 2018 - 12:00 to 12:50 p.m. G500 - Health Sciences Centre, 3330 Hospital Dr NW

Dr. Lara Nixon will discuss a case study on older adults' experiences at Peter Coyle Place, a 70-bed facility accommodating men and women 55 years of age or older who are unable to access traditional seniors housing for reasons typically related to income and mental health challenges, including addiction. Peter Coyle Place is the first of its kind in Calgary to provide permanent housing for this older population with experiences of homelessness, informed by harm-reduction philosophy.

Dr. Nixon is a family physician and assistant professor in the Department of Family Medicine at the University of Calgary. She works at the Alex Seniors Clinic, in team-based care for older people in the inner city. Her interests include health equity, relationship-centred care, and medical education. She is grateful to be working with colleagues from UofC and University of Alberta on projects related to inner city health that are hospital- and community-based, including studies of service-users' and providers' experiences, as well as associated economics, implementation and patient outcomes.

Objectives:

- 1. To explore the experiences of harm reduction from the perspective of formerly homeless older adult residents and their care providers in a supportive housing environment which emphasizes harm reduction.
- 2. To identify potential best practices to inform care approaches for older urban adults experiencing homelessness and complex health and social needs.
- 3. To describe opportunities for policy and service delivery change, including intra- and cross-sectoral collaboration to improve access to suitable health and social services for homeless older adults.

This event is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada. This seminar is also available via an online AdobeConnect session: To attend the seminar from another location via your computer, click on this link: https://connectmeeting.ucalgary.ca/oiph-sep21-18/

Enter as a guest. You may join the session at any time. It is advisable to test your audio before the seminar starts. The AdobeConnect session will be archived and accessible for later viewing at: <u>https://www.obrieniph.ucalgary.ca/events/chsobrien-institute-seminar-series</u>