

# The O'Brien Institute for Public Health & the Department of Community Health Sciences present:

## Patients, Clinicians and Researchers Working Together to Improve Cardiovascular Health

## Speaker: Dr. Maria J. Santana

### Friday, February 22, 2019 - 12:00 to 12:50 p.m. G500 - Health Sciences Centre, 3330 Hospital Dr NW

The patient is the person who experiences both the processes and the outcomes of care. The involvement of patients as partners in research is important to ensure that health research is relevant to patients. Thus, patient-oriented research presents an important opportunity for progressing towards a collaborative model that involves patients in research programs to improve health and healthcare. This seminar presents a patient-oriented research study in which patients, researchers and clinicians worked together to identify priorities to improve cardiovascular health.

Dr. Maria J. Santana is a health services researcher, patient and family-centred care scientist, an Assistant Professor in the departments of Pediatrics and Community Health Sciences at the University of Calgary. Dr. Santana has received training in clinical pharmacy, public health, and clinical epidemiology. Her research focuses in developing novel methods to integrate the voice of patients and family caregivers in health care and health service research to improve health and health care. The methods advance person-centred care and patient-oriented research.

### **Objectives:**

- 1. To gain an understanding of what matters to patients with cardiovascular disease
- 2. To identify barriers to conduct patient-oriented research in cardiovascular health
- 3. To identify priorities to improve cardiovascular health

This event is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada. This seminar is also available via an online AdobeConnect session: To attend the seminar from another location via your computer, click on this link: <u>https://connectmeeting.ucalgary.ca/oiph-feb22-19/</u>

Enter as a guest. You may join the session at any time. It is advisable to test your audio before the seminar starts. The AdobeConnect session will be archived and accessible for later viewing at: <u>https://www.obrieniph.ucalgary.ca/events/chsobrien-institute-seminar-series</u>