



Annual Report 2024-25



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MESSAGE FROM THE ACADEMIC LEAD

This past year marked an important shift for the Centre on Aging—from assessment to action. After completing a comprehensive evaluation of UCalgary's age-friendliness, we began translating findings into meaningful steps toward creating a more inclusive campus for people of all ages. One key development was the addition of an Educational Advisor to our team, who is leading work to enhance aging-related content in undergraduate education. These efforts are already identifying clear opportunities to better prepare students—across health and non-health disciplines—to engage with and support our aging population.

Alongside this institutional work, we continued to foster a strong research culture. Over the past year, the Centre supported 37 aging-related research projects spanning 7 academic disciplines. These projects reflect the breadth and diversity of aging scholarship at UCalgary and demonstrate our commitment to advancing research that addresses real world challenges and opportunities associated with aging.

This year also brought a change in our physical location. Moving from Cambridge Manor to UCalgary's Foothills Campus strengthened the Centre's integration into the University's research and education ecosystem focused on aging. This move allows us to form closer connections with other UCalgary Institutes and Centres, improving collaboration, resource-sharing, and the overall impact of our work. It also enhances our ability to support research and educational initiatives aimed at promoting the health, well-being, and inclusion of older adults in our communities.

Thank you for your continued support and engagement. We look forward to building on this momentum as we work together to create a more age-inclusive future.

Dr. Jayna Holroyd-Leduc Academic Lead



ABOUT THE CENTRE

The Centre on Aging was established at UCalgary through a founding donation from The Brenda Strafford Foundation (BSF). The Centre was created to enhance the health and well-being of older adults and inform public policy pertaining to the older adult population by coordinating and advancing UCalgary's work in the area of aging. The Centre is a cross-faculty aging hub embedded in the O'Brien Institute for Public Health (OIPH) within the Cumming School of Medicine.

STAFF

- Academic Lead (0.2 FTE; funded by UCalgary academic salary)
- Manager (1.0 FTE)
- Research Coordinator (1.0 FTE)
- **Project Coordinator** (1.0 FTE)
- Educational Advisor (0.6 FTE)



ADVISORY COMMITTEE

Co-Chairs:

- Academic Lead, Centre on Aging
- Scientific Director, OIPH

Donor Representatives:

- President & CEO, BSF
- Executive Director, Dr. Barrie Strafford Centre for Learning, Innovation & Quality, BSF

Faculty Representatives (Dean or Delegate):

- Medicine
- Kinesiology
- Nursing
- Social Work

Non-Voting Members:

- Manager, Centre on Aging
- Administrative Director, OIPH

VISION, MISSION, AND VALUES

VISION

Optimal health and well-being for older adults driven by evidence and in an inclusive manner.

MISSION

To create an ecosystem for innovation in age-inclusive environments, practices, and policies. We will catalyze networks and lead collaborative innovations centred on older adults through education, research, and community engagement.

VALUES



Inclusivity

Working with compassion, integrity, and humility to promote an age-positive and age-inclusive culture guided by the needs and interests of diverse older adults.



Collaboration

Establishing intergenerational, interdisciplinary, and cross-sectoral partnerships to build capacity in education and research in the field of aging.



Innovation

Developing and translating evidence on age-inclusive environments, practices, and policies to improve the health and well-being of older adults, in a sustainable manner.



Leaders

Being recognized as a valuable hub within our institution, our community, and beyond for catalyzing networks and advancing innovations to better serve the aging population.

YEAR IN REVIEW

37

RESEARCH **PROJECTS SUPPORTED**



Representing 7 disciplines:

- Community Health Sciences
- Creative & Performing Arts
- Engineering
- Kinesiology
- Medicine
- Nursing
- Science

EDUCATIONAL AND COMMUNITY INITIATIVES SUPPORTED

- Age-Friendly Calgary
- Age-Friendly University Global Network
- Age-Friendly University at **UCalgary**
- International Ageism Awareness Day
- UFlourish Mental Health & Well-Being
- Transdisciplinary Scholarship
- Seniors' Week







STUDENTS TRAINED OR SUPPORTED



CONNECTIONS

745 Total 36 New

5% increase in subscribers to electronic newsletters and announcements

COMMUNICATIONS

10 Newsletters

Announcements

EVENTS

17 Attended

Hosted



RETHINKING FACILITY-BASED CONTINUING CARE

The Centre's first strategic priority is to demonstrate leadership in rethinking facility-based continuing care by establishing an experiential ecosystem for innovation.

ANNUAL HIGHLIGHTS

- In response to feedback from BSF residents and family members, led an academic review to identify best practices for supporting cultural and ethnic diversity during mealtimes. The recommendations from this work promote more inclusive and culturally meaningful dining experiences, enhancing the dignity and well-being of residents in long-term and residential care settings. The findings were shared with BSF operational leaders, and an infographic was broadly distributed. A research paper is pending publication.
- Coordinated and supported 6 diverse research projects at BSF sites, involving UCalgary faculty members from 4 disciplines. These projects introduced innovative, evidence-informed approaches to addressing pressing challenges in facility-based continuing care, advancing knowledge and improving care practices.
- Secured Mitacs funding to recruit a student researcher for a project at BSF sites evaluating "NurseGPT"—a speech recognition tool. This technology aims to reduce administrative burdens, enhance operational efficiency, and improve communication between staff and residents in long-term care settings, driving innovation in healthcare.

- Supported 2 early-stage research projects led by UCalgary faculty members to test new ideas and gather data. One project developed a memory-to-photo album intervention for personalized reminiscence therapy, a promising non-pharmacological method to alleviate dementia symptoms. The other project explored factors influencing participation in a pop-up park outside a continuing care facility, identifying barriers and facilitators to engagement for both residents and the surrounding community.
- Partnered with leading researchers in Toronto and Montreal on a national funding application to improve transitions for older adults experiencing homelessness into continuing care homes. This work addresses a major gap in the healthcare system and aims to create more supportive, inclusive care environments for vulnerable populations.
- Contributed to the 2024 Canadian Frailty
 Network conference, sharing insights on
 improving care for older adults with frailty
 and supporting their caregivers. This
 participation highlights our ongoing
 commitment to advancing research on
 frailty and the care needs of older adults.



Cultural and Ethnic Dimensions of Mealtime Practices in Long-Term and Residential Care: A Comprehensive Scoping Review

This review was undertaken in response to a key issue identified through the BSF's Pulse Survey: concerns from residents and families about the quality of mealtime experiences. Mealtimes matter not only for nutritional health, but also for fostering social connection, offering comfort, and expressing cultural identity. As such, enhancing the mealtime experience is a vital part of supporting residents' dignity, well-being, and quality of life—core aims of the BSF.

To thoroughly explore this concern, the Centre conducted a scoping review of existing literature (led by Erin Davis, Research Coordinator; supported by Prangad Gupta, undergraduate summer research assistant).

Purpose: To understand current knowledge and identify best practices related to culturally inclusive mealtimes in care settings.

The search yielded 857 sources, of which 42 were selected for in-depth analysis. These included research studies, government reports, and community-based documents that described cultural and ethnic dimensions of mealtime practices in long-term and residential care environments.



857 sources



42 included

RESULTS

The review revealed that food plays a crucial role in preserving cultural identity for residents. Ethno-specific care homes and partnerships with community organizations were found to offer promising approaches to inclusive mealtimes. However, several challenges persist such as standardized menus, limited access to culturally appropriate ingredients, insufficient staff training, and financial constraints.

Based on these insights, the Centre developed an infographic with **evidence-informed recommendations** to help care facilities enhance their mealtime practices. These include:

- creating flexible dining routines,
- involving residents and families in menu planning,
- · partnering with cultural organizations and food suppliers, and
- providing staff training in culturally safe food service.

In addition, broader systemic changes are needed to shift the focus from efficiency to person-centred care. This involves revising institutional policies, diversifying procurement systems, incorporating cultural humility into staff education, and establishing accountability mechanisms to ensure residents' cultural needs are respected and met.

Overall, this review emphasizes that culturally inclusive mealtimes are not only a best practice, but a fundamental human right. Ensuring access to food that is meaningful, familiar, and culturally relevant is essential for delivering high-quality care that honours residents' dignity, autonomy, and cultural identity.



CENTRE ON AGING | PAGE 7

Implementing Robotic Pets Into Long-Term Care Settings for People Living With Dementia

In 2018, Ageless Innovation LLC introduced Joy For All® animatronic cats and dogs to provide companionship for older adults. These robotic pets quickly gained recognition as therapeutic tools for persons living with dementia. In May 2022, Dr. Ann Toohey (Department of Community Health Sciences, UCalgary) led an exploratory study supported by the Centre to examine how robotic pets could be effectively integrated into long-term care settings. The goal was to enhance care delivery, promote social interaction, and support positive therapeutic outcomes. The research team interviewed recreation staff at the BSF responsible for implementing programming and observed how residents responded to the use of robotic pets. Findings showed that robotic pets helped reduce agitation, depression, and loneliness among residents, while improving mood and encouraging social engagement.

In September 2024, the Centre hosted an end-of-grant celebration with the research team and BSF recreation staff. The event recognized the collaborative efforts behind the project and celebrated its success, including research publications and presentations.



FOLLOW-UP RESEARCH

Brooklynn Fernandes, a research assistant on the initial project, gained foundational insights into how robotic pets can support the well-being of persons living with dementia. Motivated by this experience, she pursued the topic further for her Master of Community Health Sciences thesis, under the supervision of Dr. Jayna Holroyd-Leduc (Academic Lead, Centre on Aging) and Dr. Ann Toohey, focusing on the use of robotic pets in continuing care settings.



Scoping Review



Ethnographic Observations



Modified Delphi



Implementation Guides

Brooklynn conducted a scoping review to identify barriers and facilitators to using robotic pets in these environments. She also carried out ethnographic observations to explore key implementation considerations in greater depth. To build consensus on the most critical factors for successful use of the robotic pets, she then conducted a modified Delphi study with stakeholders from across Canada. Drawing on the study's findings, she developed implementation guides for continuing care facilities and care providers.

The implementation guides Brooklynn produced offer practical strategies for effectively and sustainably integrating robotic pets into care programs. Key recommendations include assessing residents' interest in and preferences for animals before introducing the pets, conducting functional assessments, and providing staff with appropriate training. The guides also address how to introduce the pets in a thoughtful way, personalize interactions, manage their use, and respond to negative reactions from residents. To support long-term success, the guides outline best practices for cleaning and maintenance, ongoing monitoring of residents' needs and preferences, and regular staff education.



Brooklynn received financial support from the BSF Chair in Geriatric Medicine to complete her graduate studies, and administrative research support from the Centre. She successfully defended her thesis in May 2025, and will be entering medical school in July 2025 as part of the UCalgary Leaders in Medicine program.

From Memories to Photo Albums: Leveraging Generative Artificial Intelligence for Personalized Reminiscence Therapy in Dementia Care

Reminiscence therapy is a valuable non-drug approach to supporting individuals living with dementia. It typically involves a "life review" process, where people are guided to recall meaningful life events and relationships using memory cues such as photographs, videos, and music. This type of therapy has been shown to reduce responsive behaviours and depression, improve communication and cognitive function, and enhance quality of life. However, creating personalized reminiscence materials can be time-consuming and often requires access to personal mementos that may no longer be available. The Autobiography Gallery research project set out to address these challenges by using generative artificial intelligence to create personalized photo albums for reminiscence therapy, making the process more accessible and efficient.

To evaluate the effectiveness of this approach, focus groups were conducted with individuals involved in dementia care at the BSF. They also carried out a user study involving BSF residents living with dementia and their family caregivers, with participant recruitment supported by the Centre.

RESEARCH TEAM

Payam Ranjbar (MSc student, Schulich School of Engineering, UCalgary) Dr. Mohammad Moshirpour (Donald Bren School of Information and Computer Sciences, University of California, Irvine) Dr. Linda Duffett-Leger (Faculty of Nursing, UCalgary)



Figure 1. Screenshot of the Autobiography Gallery, showing a photo album based on a mother and son memory of buying school clothing at Damascus in the 1970s.

Participants shared memories that were turned into custom photo albums. Feedback indicated that images generated with artificial intelligence successfully triggered emotional and cognitive responses, helped with memory recall, and reduced agitation among participants.

CATALYZING TRANSDISCIPLINARY AGING RESEARCH AND SCHOLARSHIP

The Centre's second strategic priority is to catalyze transdisciplinary aging research and scholarship with a focus on creating age-inclusive innovations, environments, practices, and policies that also consider intersecting health inequities.

ANNUAL HIGHLIGHTS

- Organized a research engagement event that brought together faculty members, trainees, and community members to explore and discuss current and future aging-related research at UCalgary. This event fostered collaboration, deepened public understanding, and highlighted the University's leadership in aging research.
- Actively participated in 13 aging and transdisciplinary-related events at the local, provincial, national, and international levels, establishing relationships with researchers and knowledge users to enhance collaborative research efforts.
- Contributed gerontological and geriatric expertise to the design and execution of 10 research projects led by UCalgary faculty members across 5 disciplines, advancing transdisciplinary aging research.

- Provided comprehensive research support
 —ranging from community engagement to
 participant recruitment and knowledge
 dissemination—for 10 projects led by
 UCalgary faculty members and trainees
 across 5 disciplines.
- Wrote 5 letters of support for competitive aging-related funding applications, representing research across 4 disciplines, strengthening UCalgary's commitment to fostering research excellence.
- Alongside the Canadian Institutes of Health Research and Canada Foundation for Innovation, provided financial backing (through the BSF Chair in Geriatric Medicine) for the Calgary Data Collection Site for the Canadian Longitudinal Study on Aging, a national cohort study tracking the health of approximately 50,000 older Canadians.

Engaging Together: Exploring Current and Future Research on Aging



On June 4, 2024, the Centre hosted a dynamic research engagement event during Seniors' Week. Held at the Red & White Club, the event brought together researchers from across UCalgary, professionals from the seniors-serving sector, and members of the public to explore and exchange ideas on aging-related research.

Over the course of two and a half hours, attendees participated in an engaging program that began with a keynote presentation by Dr. Chantelle Zimmer (Manager, Centre on Aging) highlighting the Centre's Age-Friendly University initiative. This was followed by three interactive roundtable sessions, led by 11 faculty members representing 10 diverse research areas. These discussions sparked rich, meaningful conversations on a wide range of topics—from the impact of financial strain on older adults' well-being to Indigenous approaches to brain health and aging. Attendees also had the opportunity to share their perspectives on future research directions, offering valuable insights to guide ongoing and upcoming studies.

The event received overwhelmingly positive feedback. Members of the public expressed gratitude for the opportunity to connect directly with researchers and learn about the impactful work taking place at the Centre and across UCalgary. Researchers, in turn, valued the chance to hear directly from older adults and professionals in the field of aging.

Building on the success of this event, the Centre remains committed to fostering dialogue and collaboration among researchers, professionals, and community members to advance research that supports the older adult population.

Exploring Health & Life Through Transdisciplinary Collaboration

On October 21, 2024, the UCalgary Institutes for Transdisciplinary Scholarship hosted a full-day gathering focused on the theme *Health & Life*. This event served as a platform for exploring how collaborative, cross-disciplinary approaches can strengthen research that addresses the many dimensions of health and life.



The Centre played an important role in shaping the event as a member of the planning committee, contributing to the design and coordination of the program. The Centre's involvement reflected its ongoing commitment to fostering research that is both inclusive and impactful.

The gathering brought together 150 participants, including university leaders, researchers, research staff, and members of the public. The program featured informative panel discussions that highlighted institutional priorities and showcased successful models of transdisciplinary research. Interactive roundtable sessions encouraged dialogue on critical health-related topics, helping to spark new connections and future collaborations.

As part of its contributions, staff and members of the Centre facilitated roundtable discussions on the topic of healthy aging. These sessions examined how research that crosses disciplinary boundaries—and engages directly with communities—can better respond to the complex needs of older adults. The discussions underscored the value of collaboration among fields such as medicine, natural sciences, social sciences, arts, and humanities to build research ecosystems that prioritize lived experience, equity, and innovation.

Through its active role in the event, the Centre advanced its mission to support aging-related research that is collaborative, forward-thinking, and grounded in real-world impact.

Active Aging In and Through Dance



In professional dance communities across Western contexts, youth and physical ability are often prioritized, with most dancers retiring before the age of 40. Older dancers and instructors face physical challenges and ageist norms that limit their continued participation. While there has been a recent shift toward recognizing older dancers who continue their practice, such recognition often emphasizes the obstacles they have overcome rather than the value of their mature artistry. Meanwhile, growing evidence highlights the physical, cognitive, and social benefits of community dance for older adults. However, few dance programs are designed specifically with older adults in mind. Many available options are recreational or therapeutic in nature and are generally led by younger instructors, without integrating the strengths of older participants or insights from relevant health research.

Dr. Pil Hansen (School of Creative and Performing Arts, UCalgary) secured a UCalgary Transdisciplinary Connector Grant to conduct in-depth literature reviews on these topic areas. Following the identification of key research gaps, Dr. Hansen and her team began designing a study aimed at promoting lifelong dance practice in healthy ways, while actively challenging ageism in Canadian professional dance. The research team is preparing a Social Sciences and Humanities Research Council grant application to support this multi-year project.

This research team brings together expertise from dance, drama, kinesiology, gerontology, geriatrics, psychology, and computational media and design. The Centre is represented by Dr. Jayna Holroyd-Leduc and Dr. Chantelle Zimmer, who contribute specialized knowledge on aging, health, and implementation science.

ENHANCING AGE-FRIENDLINESS AT UCALGARY AND IN CALGARY

The Centre's third strategic priority is to enhance the agefriendliness of UCalgary and the City of Calgary, including addressing ageism and promoting age inclusivity.

ANNUAL HIGHLIGHTS

- Shared the results of our assessment of UCalgary's age-friendliness with the campus and broader community, educating and engaging them in the Age-Friendly University initiative to foster an age-inclusive campus culture and environment.
- Developed a 4-year action plan based on the findings from the assessment to enhance UCalgary's commitment to creating equitable, inclusive, diverse, and accessible learning and working environments for students, faculty, staff, and community members.
- Initiated a project in UCalgary's Cumming School of Medicine to review the integration of aging-related content in their undergraduate curriculum. This project aims to develop strategies for strengthening aging-focused education to better equip future healthcare and nonhealthcare professionals to support older adults.

- Organized an event for Careers in Aging Month to raise awareness among undergraduate and graduate students about diverse career opportunities and paths in the field of aging.
- Compiled research findings to support the Age-Friendly Calgary Steering
 Committee's educational campaign aimed at reducing barriers to older adults' participation in winter. Additionally, provided funding to produce an animated video highlighting strategies to help older adults prepare for and engage in winter activities.
- Hosted and participated in 4 public events to raise awareness about ageism and share actionable strategies for combating it. In addition, created and distributed communication materials to further amplify the message on Ageism Awareness Day.

Showcasing UCalgary's Leadership in Advancing Age Inclusivity on the Global Stage

In November 2024, two staff of the Centre (Dr. Chantelle Zimmer, Manager; Lindsay Morrison, Project Coordinator) attended the Annual Scientific Meeting of the Gerontological Society of America. This premier academic conference serves as a leading international forum for advancing research, policy, and practice related to aging. It is also a key platform for dialogue around age inclusivity in higher education, particularly regarding the Age-Friendly University initiative.

A significant milestone in the field occurred in 2021, when a research team in the United States introduced the first comprehensive tool for evaluating age-friendliness in higher education: the *Age-Friendly Inventory and Campus Climate Survey*. During a session at the scientific meeting, Dr. Zimmer joined a group of international researchers to discuss innovative approaches for using this assessment tool in diverse academic settings. The session underscored the importance of institutional self-assessment as a foundation for systemic change.



The UCalgary research team, led by Dr. Zimmer, was the first to adapt the tool for use at a Canadian post-secondary institution. In her presentation, Dr. Zimmer shared insights into the transferability of the tool to our national context, highlighting the unique considerations within the Canadian higher education landscape. She also outlined a clear pathway for institutions to move from assessment to action—demonstrating how data-driven findings can inform meaningful improvements in age inclusivity on campus.

By contributing to this global conversation, the Centre continues to position UCalgary as a leader in creating age-friendly environments in higher education.

Creating a Campus for All Ages: UCalgary's Age-Friendly Action Plan



SCAN THE CODE TO VIEW THE FULL RESULTS OF THE ASSESSMENT

As part of its commitment to advancing age inclusivity in higher education, the Centre led an institution-wide assessment of UCalgary's age-friendliness. This comprehensive evaluation gathered input from 10 administrators on current age-friendly campus practices and features, along with perspectives from 1,953 students, faculty, and staff on the University's age-friendliness and their personal views on age inclusivity. The findings revealed both strengths and areas for improvement.

In response to the findings, the Centre developed a 4-year action plan to address the gaps identified in the assessment. This plan reflects the University's commitment to creating an inclusive campus environment that supports students, faculty, staff, and community members of all ages. It also stresses the importance of offering relevant programming—particularly initiatives that prepare the workforce to meet the unique challenges of an aging society.



STRATEGIC PRIORITIES & INITIATIVES

The action plan is anchored in 10 goals that span the University's core domains—teaching and learning, services and resources, student affairs, research, human resources, and outreach and engagement. The goals are as follows:

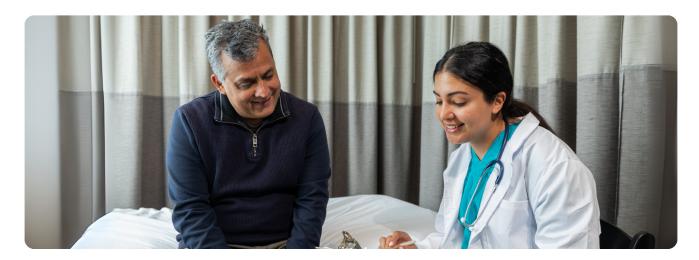
- 1 Students have greater opportunities to learn about topics related to aging and older adults.
- 2 Students experience more positive interactions with older persons through their education.
- **5** Employees and students who are caregivers are supported.
- Recruitment and orientation practices for adult (21+) and older students (50+) are improved.
- 5 Aging research is prioritized and supported at an institutional level.
- Aging research is prioritized and supported within relevant faculties and departments.
- 7 Older employees are valued and treated equitably.
- Aging education and research are informed by the needs and interests of seniors-serving organizations and older adults.
- The campus and broader community have an increased awareness and understanding of an Age-Friendly University.
- Age and ageism are acknowledged in the University's equity, diversity, inclusion, and accessibility plans and activities.

These goals reflect a bold and holistic vision for embedding age inclusivity into the fabric of the University. They emphasize not only structural change, but also cultural shifts in how aging, older adults, and intergenerational engagement are understood and supported.

The Centre will lead the implementation of this action plan in collaboration with a wide range of stakeholders across the institution. This includes administrative units, faculties, departments, and campus groups, all working together to create a more inclusive, equitable, and supportive learning and working environment for individuals at every stage of life.



Embedding Aging in Undergraduate Education: Building Competencies in Students



To advance the teaching and learning goals outlined in the action plan, the Centre launched a pilot project (led by Amber Dukart, Educational Advisor) in January 2025 within the Cumming School of Medicine. The project seeks to identify both existing and potential opportunities for undergraduate students to engage with aging-related content throughout their academic programs.

A central component of the project is the development of two distinct frameworks that outline core competencies and key concepts in aging—one designed for healthcare professions and the other for non-healthcare professions. Grounded in the current literature, these frameworks will serve as the foundation for mapping the curricula of the School's three undergraduate programs. This curriculum mapping process will assess how aging-related competencies and concepts are currently integrated into students' learning experiences.

The ultimate goal of this pilot project is to inform strategies that will enhance aging-focused education across the Cumming School of Medicine. By ensuring that future graduates are equipped with the knowledge and skills to effectively support older adults, this work will help prepare them to meet the needs of a growing older adult population.

Following the pilot project, the frameworks will be adapted and applied to other Faculties across UCalgary, with the aim of optimizing aging-focused education across the University.

Driving Institutional Change: Recognition for Age-Friendly University Leadership



In February 2025, Dr. Chantelle Zimmer (Manager, Centre on Aging) received the UCalgary Equity, Diversity, Inclusion, and Accessibility Award in the Management and Professional Category for her work advancing the Age-Friendly University initiative at the institution.

Since 2021, Dr. Zimmer has championed the initiative at UCalgary and led two foundational research projects. She conducted an environmental scan to identify a comprehensive age-friendly assessment tool for higher education. She then adapted this tool for a Canadian post-secondary and UCalgary specific context, leading a multidisciplinary research team to assess the University's age-friendliness. These efforts resulted in an action plan designed to address gaps identified in the assessment and enhance age inclusivity for students, faculty, staff and other campus community members across all core domains of the University.

FINANCIAL SUMMARY

Statement of Income	April 1, 2024 - March 31, 2025	
REVENUE		
Operating (Includes Surplus)	\$379,444.23	
BSF Chair in Geriatric Medicine	\$205,113.24	
Geriatric Endowment Interest	\$11,300.00	
Other	\$1,890.00	
Total Revenue	\$597,747.47	
EXPENSES		
Salaries & Benefits	\$318,085.92	
Operating	\$6,161.04	
Research & Education	\$15,185.25	
Events	\$6,030.08	
Conferences	\$13,302.26	
Sponsorships	\$3,000.00	
Total Expenses	\$361,764.55	
SURPLUS (DEFICIT)	\$235,982.92	



CONTACT INFORMATION

CENTRE ON AGING

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