

How can we develop a supportive end of life in LTC strategy that involves all members of the care team?

Key Recommendations

1. **Create policies and provide funds** for extra staff and comfort care needs at end of life
2. **Establish knowledge and training expectations and resources** for staff and physicians **focusing on a palliative approach, mentorship, communication, and collaboration in LTC**
3. **Build connections** between LTC and the wider community to change public perceptions of LTC

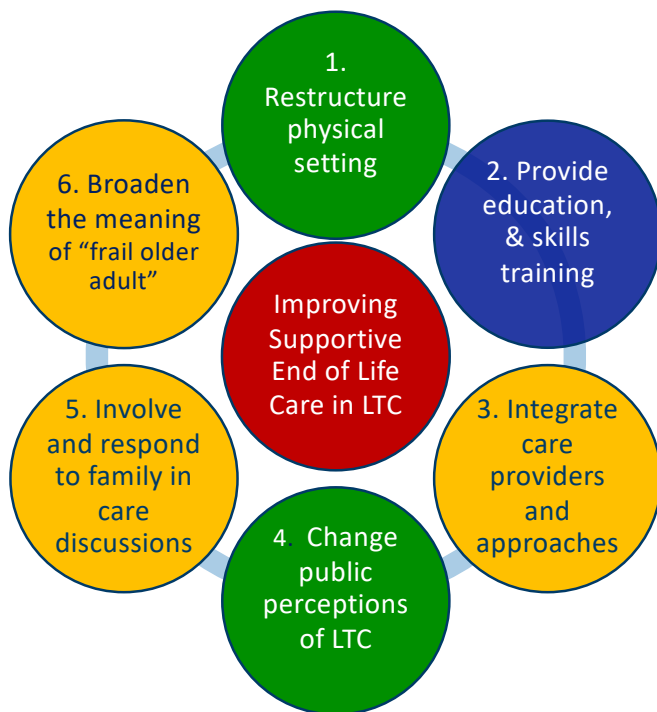
A Supportive End-Of-Life Care Pathway for Long-Term Care

Methods

1. **Physician interviews: barriers and facilitators**
 - 23 LTC physicians from across Alberta
2. **Modified Delphi Survey (2 Rounds)**
 - included 75 statements from physician interviews and related literature review
 - 71 statements remained at the end
3. **Multi-Stakeholder Consensus Meeting**
 - World Café discussions using Delphi results and current evidence
 - 4 topics: (1) Managing Pain & Other Symptoms; (2) Managing End of Life; (3) LTC Context; (4) Topics Related to Families

Next Steps

1. **Leadership was identified as responsible for instituting structural changes within LTC facilities**
2. **There is a need for external consultants to train and educate the LTC team in end-of-life practices**



Outcome: The entire LTC team collaborated to create a supportive End-of-Life Care Strategy focused on meeting the needs of residents, families, staff and physicians