

The EnACT Compassion Training Program:

An Evidence-informed, Competency-based, Accredited*, Compassion Training Program for Healthcare Providers and Leaders

Background of the Compassion Training Program

- Evidence -informed: The EnACT program is the culmination of over a decade of patient orientated and clinically informed research
- Clinically Relevant: EnACT was designed by and for healthcare providers and leaders
- Learner Centric: Program includes theory, clinical skills training, experiential learning, and self-care exercises
- Flexible and Accessible: Delivered at learners' workplace over a single day (7.5 hrs) or as 4 separate stackable online modules

Modules

1. Virtuous Response: Cultivating the Values and Virtues Associated with Compassion

- Establishing the Evidence and Impact of Compassion in Healthcare
- Understanding How Personal and Organizational Values Impact Our Capacity for Compassion

2. Seeking to Understand: Establishing an In-Depth Understanding of the Person and Their Suffering

- Assessing and Addressing Multifactorial Suffering
- Human Relating and Personalizing Compassion
- Identifying the Personal and Relational Facilitators and Challenges to Compassion

3. Relational Communicating: Developing Compassionate Communication Skills

- Conveying Compassion in Clinical Communication
- The Art of Silence and the Power of Presence
- Being in the Moment and Engaged Caregiving
- Supportive Touch

4. Attending to Needs: Addressing Suffering and Integrating Compassion into Practice

- Integrating Compassion into Professional Practice
- Developing a Compassionate Care Plan
- Creating the Workplace and Organizational Conditions for Compassion to Flourish

Learner Toolkit

- EnACT Learner Workbook
- Compassion Compass Lanyard Placard
- My Compassion Journal
- CPD certificate
- Compassion & Me Patient Posters**
- Compassion Checkpoint Posters**
- The SCQ Patient Reported Compassion Measure**

**Optional Team and Organizational Resources

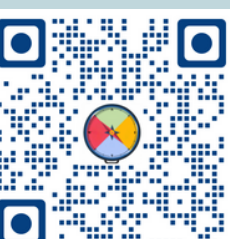


Compassion
Research Lab



Compassion
Training

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*Accredited by the Royal College of Physicians and Surgeons of Canada (Section 3). Royal College MOC credits can be converted to American Medical Association PRA Category 1 Credits.