# **ACADEMICS**

# Findings & Future Directions: UCalgary's Age-Friendly Assessment



# **About the Assessment**

- Timeline: July 2022 March 2023
- Purpose: To assess strengths and gaps in UCalgary's age-friendliness
- Methods & Participants:
  - Inventory: Completed by 10 administrators to identify existing age-friendly campus practices and features
  - Survey: Completed by 1,953 faculty, staff, and students to understand their awareness, perceptions, and beliefs about age-friendliness and age-inclusivity on campus



# **Results Related to Academics**

# **COURSES**

About **one-third** of students felt they had opportunities to learn about topics related to aging and older adults at UCalgary, though fewer than **one-fifth** believed students in their field were aware of aging-related courses.

**One-quarter** of faculty reported that their academic unit offered courses related to aging and older adults. However:

- 69.7% were unsure whether these courses addressed the diverse experiences of older adults.
- 19.7% knew of service-learning courses involving community work with older people.

While **39.9%** of faculty thought there was potential for more collaboration on aging-related courses and **52.8%** knew who to contact to integrate aging content into their teaching, only:

• **3.9**% reported opportunities to receive support in preparing these courses.





## INTERGENERATIONAL LEARNING

**53.3%** of students said they had opportunities to interact with older community members through activities outside of class.

**Less than two-fifths** of students reported seeking advice or support from adult students (age 21+) and older students (age 50+) in their classes.

Few faculty (30.3%) and students (23.1%) saw opportunities for older faculty and students to serve as mentors or tutors, with older students least likely to agree (10.7%).

Participants noted a **lack of age diversity** on campus and few opportunities for intergenerational connection.



Participants emphasized the need for **facilitated intergenerational activities** to foster a more age-inclusive campus community and society.



# **ACTION PLAN**

The assessment findings informed an action plan to address identified gaps. The goals shown here are part of that plan and focus specifically on academics.

## GOAL 3

Students have greater opportunities to learn about topics related to aging and older adults.

#### **GOAL 4**

Students experience more positive interactions with older persons through their education.

#### **GOAL 7**

Aging education and research are informed by the needs and interests of seniors-serving organizations and older adults.

## **TEACHING AND LEARNING PRACTICES**

Students were more likely to believe that adult students (age 21+) feel welcome in the classroom (65.4%) compared to older students (age 50+) (37.5%).



Although resources exist to help faculty deliver courses to older students in accessible formats, only 12.4% of faculty were aware of them.

# **CENTRE ON AGING**



aging@ucalgary.ca



obrieniph.ucalgary.ca/aging

